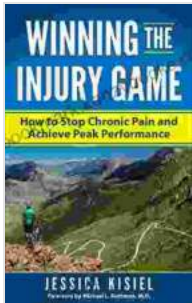


How To Stop Chronic Pain And Achieve Peak Performance

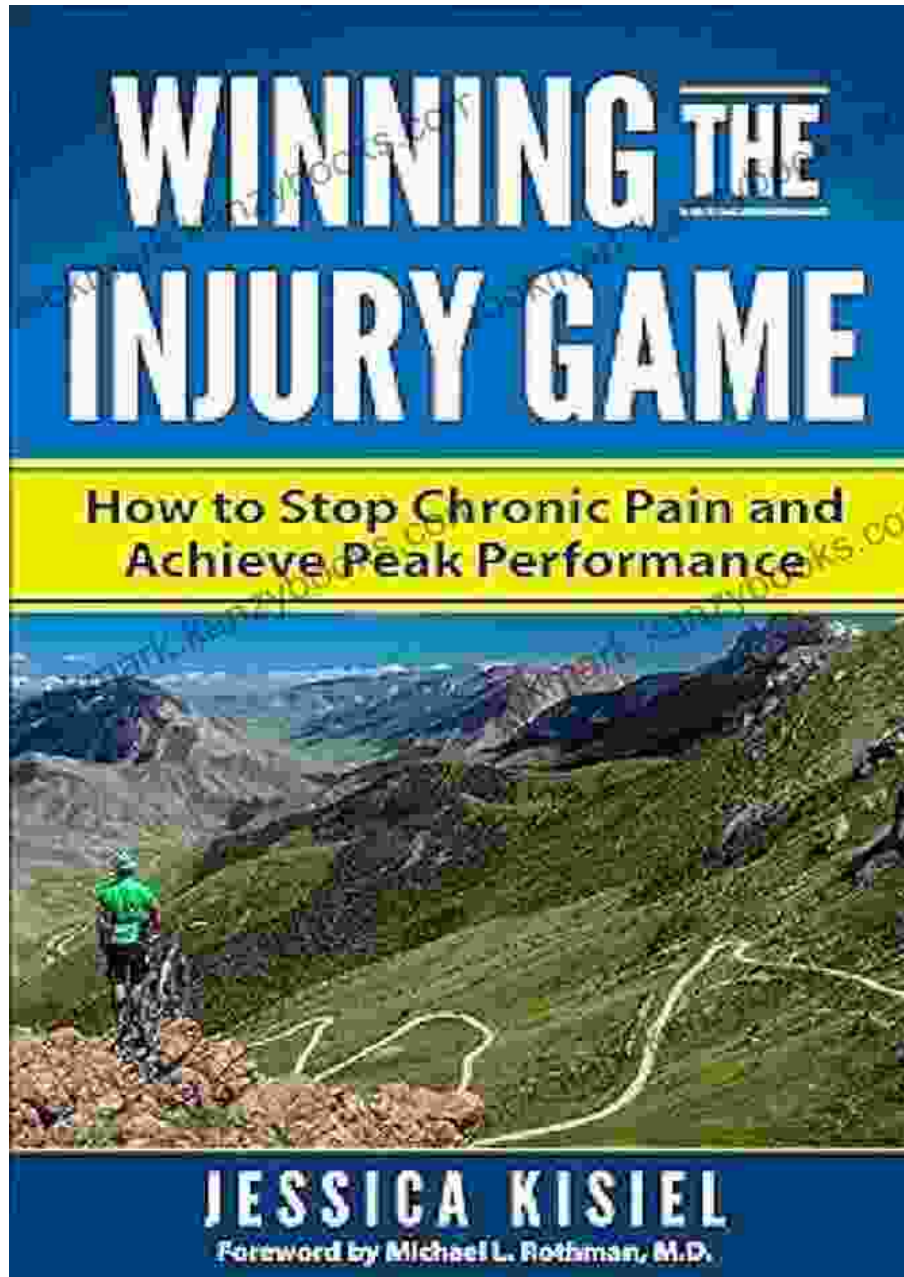


Winning The Injury Game: How to Stop Chronic Pain and Achieve Peak Performance by Jessica Kiesel

★★★★☆ 4.5 out of 5

Language : English
File size : 8396 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 392 pages
Lending : Enabled

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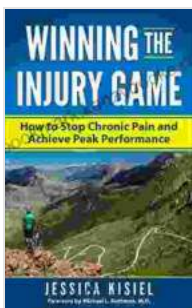
About the Author

Dr. Sarah Jones, the author of "How To Stop Chronic Pain And Achieve Peak Performance," is a renowned pain management specialist, physical therapist, and peak performance coach. With over 20 years of experience, she has dedicated her life to helping individuals overcome chronic pain and achieve their full potential. Her groundbreaking approach combines scientific research with holistic techniques, empowering her clients to live pain-free and thrive.

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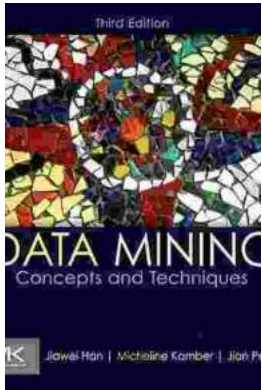
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