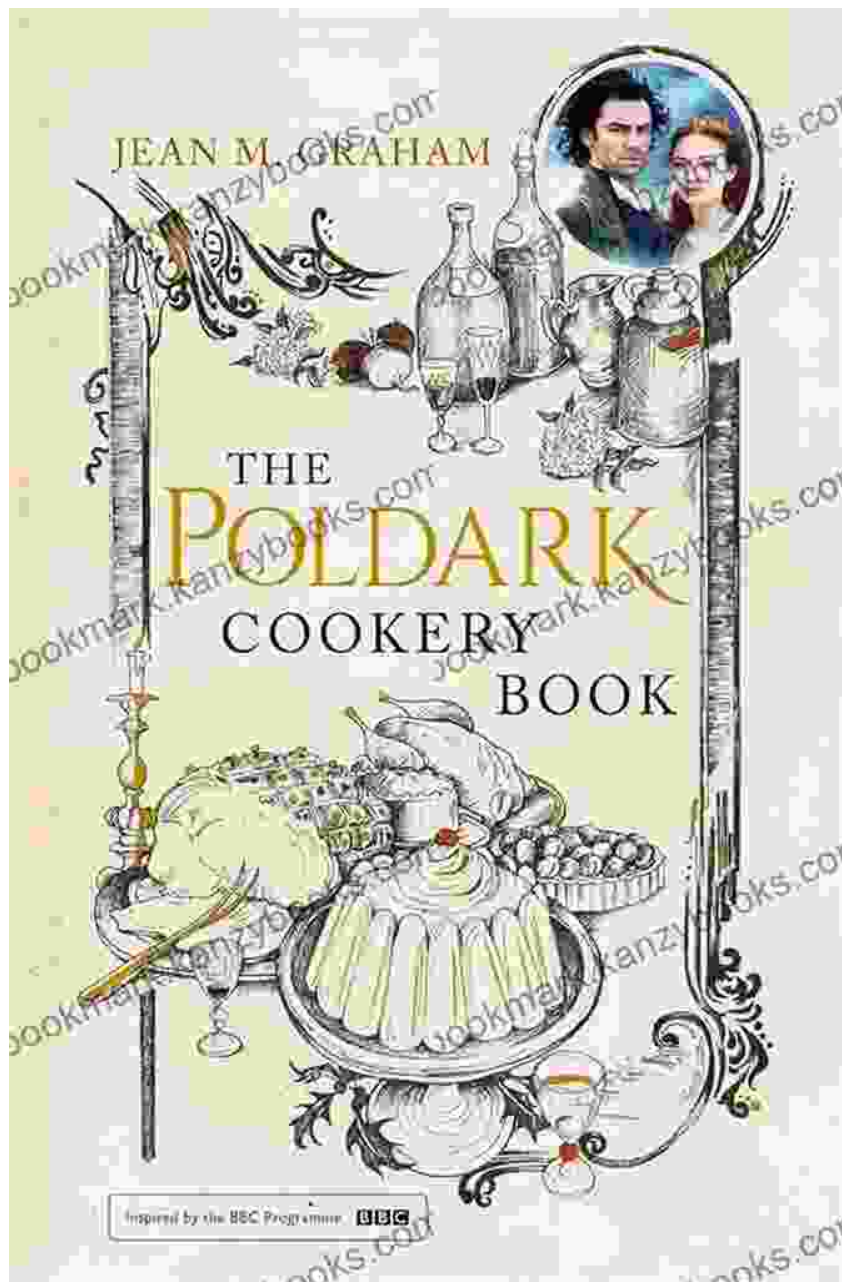


Indulge in the Culinary Delights of Cornwall with "The Poldark Cookery" by Jean Graham



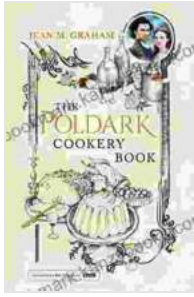
The Poldark Cookery Book by Jean M. Graham

★★★★☆ 4.5 out of 5

Language : English

File size : 23662 KB

Text-to-Speech : Enabled



Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 224 pages



Journey back to the captivating world of "Poldark" and savor the delectable flavors of 18th-century Cornwall with "The Poldark Cookery" by renowned culinary historian Jean Graham.

This comprehensive cookbook is a treasure trove of over 500 authentic recipes meticulously researched and adapted from the era depicted in the beloved television series. From hearty meat pies and roasted game to delicate pastries and refreshing beverages, "The Poldark Cookery" offers a culinary adventure that will tantalize your taste buds and transport you to the vibrant landscape of Cornwall.

A Feast for the Senses

Immerse yourself in the culinary traditions of a bygone era and explore the rich tapestry of flavors that defined Cornish cuisine. "The Poldark Cookery" features a wide array of mouthwatering recipes, including:

- **Cornish Pasties:** Indulge in the iconic dish of Cornwall, filled with a savory blend of beef, potatoes, onions, and herbs.
- **Roast Beef and Yorkshire Pudding:** Experience the classic Sunday roast, featuring tender beef and a fluffy Yorkshire pudding.

- **Stargazy Pie:** Delight in this unique and visually striking pie, adorned with whole fish with their heads peeking out of the crust.
- **Treacle Tart:** Satisfy your sweet tooth with this traditional Cornish dessert made with golden syrup and a buttery pastry.
- **Elderflower Cordial:** Quench your thirst with this refreshing and aromatic beverage made from elderflowers.

Culinary History at Your Fingertips

More than just a cookbook, "The Poldark Cookery" is a culinary history book that provides fascinating insights into the food and dining habits of Georgian England. Graham's meticulous research and extensive notes offer a glimpse into the social and cultural significance of food during this period.

Discover the influence of local ingredients and the role that cooking played in daily life. Learn about the culinary techniques and equipment used in 18th-century kitchens, and gain a deeper appreciation for the rich culinary heritage of Cornwall.

Impress Your Guests with Authentic Flavors

Whether you're a seasoned cook or a novice in the kitchen, "The Poldark Cookery" will inspire you to create unforgettable dining experiences. Impress your family and friends with dishes that are both authentic and delectable.

With clear instructions and helpful tips, Graham guides you through the culinary journey, ensuring that every dish you prepare is a success. From

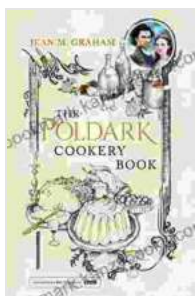
elegant dinner parties to informal gatherings, these recipes will transport your guests to the world of "Poldark" and leave them clamoring for more.

A Timeless Culinary Companion

"The Poldark Cookery" is more than just a cookbook; it's a culinary companion that will be treasured for years to come. Its beautiful photography, engaging narrative, and comprehensive recipes make it an essential addition to any kitchen library.

Whether you're a fan of the "Poldark" series, a lover of historical cuisine, or simply appreciate the art of fine cooking, "The Poldark Cookery" by Jean Graham is the perfect book for you. Dive into the culinary delights of Cornwall and embark on a culinary adventure that will delight your senses and transport you to a bygone era.

Free Download your copy of "The Poldark Cookery" today and experience the flavors of 18th-century Cornwall in your own kitchen!



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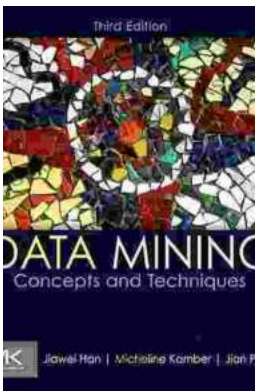
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