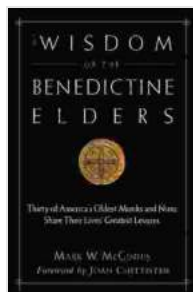


Thirty of America's Oldest Monks and Nuns Share Their Lives' Greatest Lessons



The Wisdom of the Benedictine Elders: Thirty of America's Oldest Monks and Nuns Share Their Lives' Greatest Lessons by Mark W. McGinnis

★★★★☆ 4.5 out of 5

Language : English
File size : 2017 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 305 pages



These wise elders have spent decades in contemplation and service. Now, they share their wisdom on how to live a long and fulfilling life.

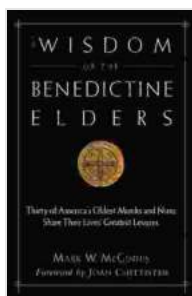
- "The key to a long and happy life is to live in the present moment." - Brother David Steindl-Rast, Benedictine monk
- "Be kind to yourself and to others." - Sister Mary Margaret Kreuper, Franciscan nun
- "Don't be afraid to fail." - Father Thomas Keating, Trappist monk
- "Love is the most important thing in life." - Mother Teresa, Catholic nun
- "Live a life of purpose." - Dalai Lama, Tibetan Buddhist monk

These are just a few of the many lessons that these wise elders have to share. Their wisdom is a valuable gift to us all. It can help us to live longer, happier, and more fulfilling lives.

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This book is a must-read for anyone who is interested in living a long and fulfilling life. It is filled with wisdom, inspiration, and practical advice. Free Download your copy today and start living your best life!

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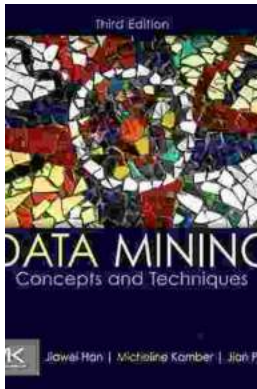
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